

# THE CHILDREN HAVE THEIR SAY

## THE CHILDREN'S AGENDA FOR IMPROVING THEIR WELL-BEING

1. More time to spend with the family

2. Less study time and more free time to play and be with friends

3. Feeling safer, and receiving more support when in times of trouble

4. More listening from adults and taking what we say seriously

5. More freedom and more confidence in our abilities

6. Being involved in school decisions and changing the ways of learning

7. Taking strong action against bullying and preventing it


8. Being better cared for, healthy habits and satisfaction with one's body

9. For everyone to have what they need and not taking things for granted

10. More interaction with the neighbors and places to meet with other boys and girls

11. More outdoor activities, in a greener city

The Children's Agenda presents these 11 demands and 115 proposals for action that boys and girls make for improving their well-being.

 Watch the video, share it, talk about it and let our children live better.

[barcelona.cat/infancia](https://barcelona.cat/infancia)  
[institutinfancia.cat/parlenelsnensineses](https://institutinfancia.cat/parlenelsnensineses)



The Children Have Their Say program is a tool for the city to know and improve the well-being of children from their point of view and with them taking a leading role.

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